

## CURRICULUM VITAE

**Lillian Huang Cummins**

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## CURRENT POSITIONS

- January 2019 – present    *Mitigation Specialist*  
**Sentencing Advocacy Group of Evanston**  
Collaborate on generating multi-generational, medical, and sociocultural life histories in a culturally appropriate manner for the purpose of supporting defense teams and court experts on capital and non-capital cases.
- September 2021 – present    *Lecturer*, English Department  
**Lake Forest College**

## EDUCATION AND TRAINING

- 2016 – 2019                    **MFA in Fiction**  
**The MFA Program for Writers at Warren Wilson College**
- 2000 – 2002                    **Postdoctoral Fellow, Addictive Behaviors Research Center**  
**University of Washington, Department of Psychology**  
Mentor: G. Alan Marlatt, Ph.D.
- 1999 – 2000                    **Clinical Psychology Intern**  
**VA Puget Sound Health Care System – Seattle Division**
- 1997 – 2000                    **Ph.D. in Counseling/Clinical/School Psychology**  
**University of California, Santa Barbara**  
Emphasis: Clinical Psychology  
Dissertation: “Cultural Aspects of Eating Disorder Symptomatology in Asian and Caucasian Populations”
- 1995 – 1997                    **M.A. in Counseling Psychology**  
**University of California, Santa Barbara**
- 1990 – 1995                    **B.A. in Human Biology**  
**Stanford University, Stanford, CA**  
Area of Concentration: Psychosocial Aspects of Deviance and Disability

## CLINICAL PSYCHOLOGY EXPERIENCE

## Academic Positions

- 2003 - 2007 *Assistant Professor*  
**California School of Professional Psychology, Alliant International University - San Francisco Bay Area Campus**  
Primary affiliation: Multicultural and Community Emphasis Area  
Secondary affiliation: Gender Studies Emphasis Area
- 2002 – 2007 *Research Faculty*  
**National Research Center on Asian American Mental Health**  
University of California, Davis

## Teaching Experience

- 2003 – 2007 California School of Professional Psychology, Alliant International University - San Francisco Bay Area Campus
- *Theory and Techniques: Cognitive Behavioral Therapy*
  - *Observation and Interviewing*
  - *Intercultural Awareness Development*
  - *Sociocultural Diversity: Asian American Psychology*
  - *Multicultural Research Design*
  - *Advanced Clinical Skills: Eating Disorders*
- Summer 2003 Santa Clara University, Department of Counseling Psychology
- Adjunct Faculty, *Multicultural Counseling*
- 2000 – 2002 University of Washington, Department of Psychology
- Co-Instructor, *Race and Ethnicity Through Fiction*
  - Co-Instructor, *Cross Cultural Competency II*
- 1995 – 1999 University of California, Santa Barbara
- Teaching Assistant, *Basic Practicum*
  - Teaching Assistant, *Asian American Personality and Identity*
  - Teaching Assistant, *Introduction to Asian American Literature*

## Publications

**Cummins, L. H.**, Chan, K. K., Burns, K. M., Blume, A. W., Larimer, M. E., & Marlatt, G. A. (2003). Validity of the CRAFFT in American Indian and Alaska Native adolescents: Screening for drug and alcohol risk. *Journal of Studies on Alcohol, 67*, 727-732.

**Cummins, L. H.**, Dunn, E. C., Rabin, L., Russo, J., Comtois, K. A., & McCann, B. S. (2003). Primary care provider familiarity with binge eating disorder and implications for obesity management: A preliminary survey. *Journal of Clinical Psychology in Medical Settings, 10*, 51-56.

**Cummins, L. H.** & Lehman, J. (2007). Eating disorders and body image concerns in Asian American women: Assessment and treatment from a multicultural and feminist perspective. *Eating Disorders: The Journal of Treatment and Prevention, 15*, 217-230.

**Cummins, L. H.**, Lehman, J. D., & Liu, R. C. (2012). Eating disorders in Asians. In E. C. Chang (Ed.), *Handbook of Adult Psychopathology in Asians*, (pp. 249-289). New York: Oxford University Press.

**Cummins, L. H.**, Simmons, A. M., & Zane, N. W. S. (2005). Eating disorders in Asian populations: A critique of current approaches to the study of culture, ethnicity, and eating disorders. *American Journal of Orthopsychiatry, 75*, 553-574.

Hawkins, E. H., **Cummins, L. H.**, & Marlatt, G. A. (2004). Preventing substance abuse in American Indian and Alaska Native youth: Promising strategies for healthier communities. *Psychological Bulletin*, 130, 304-323.

Zane, N., Aoki, B., Ho, T., **Huang, L.**, & Jang, M. (1998). Dosage-related changes in a culturally-responsive prevention program for Asian American youth. *Drugs and Society*, 12, 105-125.

Zane, N., Sue, S., Chang, J., **Huang, L.**, Huang, J., Lowe, S., et al. (2005). Beyond ethnic match: Effects of client-therapist cognitive match in problem perception, coping orientation, and therapy goals on treatment outcomes. *Journal of Community Psychology*, 33, 569-585.

#### Conference Presentations and Published Abstracts

Chan, K. K., **Cummins, L. H.**, & Marlatt, G. A. (2002, November). *Brief therapy for American Indian adolescents: Skills for life*. Symposium conducted at the 36th Annual Convention of the Association for Advancement of Behavior Therapy. Reno, NV.

Chan, K. K., La Marr, J., Burns, K. & **Cummins, L. H.** (2002, November). *Journeys of the circle: An intervention for Native American adolescents*. Paper presented at the 4<sup>th</sup> National Harm Reduction Pre-conference Institute. Seattle, WA.

**Cummins, L. H.**, Burns, K. M., Hawkins, E. H., & Marlatt, G. A. (2003, November). *Skills for life: Outcomes of a substance abuse prevention program for urban American Indian and Alaska Native adolescents*. Symposium conducted at the 37<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy. Boston, MA.

**Cummins, L. H.**, Lonczak, H. S., Larimer, M. S., & Marlatt, G. A. (2004, August). Life skills: Drug and alcohol intervention for Native American adolescents. In L. H. Cummins (Chair), *Substance abuse prevention among Native American adolescents*. Symposium conducted at the 112<sup>th</sup> Annual Convention of the American Psychological Association. Honolulu, HI.

**Huang, L.**, Huang, J. S., & Zane, N. (1999, August). *Effects of client and therapist similarity on treatment outcomes*. Poster presented at the 107<sup>th</sup> Annual Convention of the American Psychological Association. Boston, MA.

**Huang, L.** & Zane, N. (2000, August). *Cultural aspects of eating disorder symptomatology in Asians and Caucasians*. Poster presented at the 108<sup>th</sup> Annual Convention of the American Psychological Association. Washington, DC.

Jamora, C. Y. W., Ja, D., **Cummins, L. H.**, & Aanavi, M. (2007, August). *Are therapists competent enough to work with people from another culture?* Poster presented at the 115<sup>th</sup> Annual Convention of the American Psychological Association. San Francisco, CA.

Marlatt, G. A., Larimer, M. E., Mail, P. D., Hawkins, E. H., **Cummins, L. H.**, Lonczak, H. S., et al. (2003). Journeys of the circle: A culturally congruent life skills intervention for adolescent Indian drinking. *Alcoholism: Clinical & Experimental Research*, 27, 1-3.

McCann, B. S., **Huang, L. L.**, & Russo, J. (2001). Health correlates of obesity in a large urban hospital. *Psychosomatic Medicine*, 63, 138.

Sweeney, H. & **Cummins, L.H.** (2021, September). *When oppression isn't only systemic: How to effectively interrupt racism and sexism while maintaining relationships*. Workshop presented at the National Association of Public Defenders Women's Conference.

Whiteside, U.W., **Cummins, L. H.**, Dunn, E. C., Comtois, K. A., Russo, J., Witkiewitz, K., Chan, K. K., Ball, J., Simmons, A. M., & McCann, B. S. (2002, November). *Individual cognitive behavior therapy for binge eating disorder with a diverse sample*. Poster presented at the 36<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy. Reno, NV.

### Invited Talks

Cummins, L. H. (2004, April). *Eating disorders: Assessment, treatment, and cultural diversity*. Psychological Services Center. Oakland, CA.

Cummins, L. H. (2003, November). *Innovative approaches to treating substance abuse*. Asian Community Mental Health Services. Oakland, CA.

Cummins, L. H. (2003, May). *Eating disorders*. Abnormal Psychology. Department of Psychology, University of California at Davis. Davis, CA.

Cummins, L. H. (2002, November). *Working with Asian-American communities and clients*. Cross-cultural Competence. Department of Psychology, University of Washington. Seattle, WA.

Cummins, L. H. (2002, January). *Obesity and binge eating disorder*. Psychology Internship Didactics. University of Washington School of Medicine. Seattle, WA.

Huang, L. L. (2001, March). *Culture in counseling: Identity, privilege, and competency*. Psychology Internship Didactics. VA Puget Sound Health Care System - Seattle Division. Seattle, WA.

Huang, L. L. (2000, November). *Eating disorders in Asian populations*. Cross-cultural Competence. Department of Psychology, University of Washington. Seattle, WA.

Huang, L. L. (2000, March). *A framework for culture in counseling: Identity, privilege, and competency*. Psychology Internship Didactics. VA Puget Sound Health Care System - Seattle Division. Seattle, WA.

Huang, L. L. (1999, March). *Eating disorders in Asian populations*. Asian American Gender Relations. Department of Asian American Studies, University of California, Santa Barbara. Santa Barbara, CA.

### **Clinical Experience**

2003 – 2004

*Clinical Supervisor, San Francisco County*

#### **Asian American Recovery Services (AARS)**

Provided clinical supervision for three programs funded by the City and County of San Francisco: PAES Counseling Services (the counseling arm of San Francisco's employment services), Project ADAPT (an intensive day treatment program for individuals with substance dependence and dual diagnoses), and Lee Woodward Counseling Center (a day treatment program for women with substance dependence and dual diagnoses).

2001 – 2002

*Clinical Supervisor*

#### **University of Washington School of Medicine, Department of Psychiatry and Behavioral Sciences Residency Program**

Supervised psychiatry residents in cognitive-behavioral therapy.

2001 – 2002

*Clinical Supervisor, Therapist*

#### **Harborview Medical Center, Eating Disorders Research Unit**

Administered the Eating Disorder Examination and the Structured Clinical Interview for DSM-IV Axis I Disorders in the assessment of individuals with eating disorders. Provided cognitive-behavioral therapy and supervised graduate students in the provision of a manualized treatment for binge eating disorder.

- 2000 – 2002 *Clinical Supervisor, Evaluator*  
**University of Washington, Cross Cultural Psychology Resource Program**  
 Supervised clinical psychology graduate students in providing assessment and therapy to culturally diverse populations. Submitted psychological evaluations to INS on behalf of traumatized individuals seeking asylum.
- 2000 – 2002 *Psychology Fellow*  
**Harborview Medical Center, Behavioral Medicine Clinic**  
 Provided short-term, individual therapy to individuals with a variety of presenting problems including mood, anxiety, personality, and substance use disorders.
- 2000 – 2001 *Alcohol and Substance Use Evaluator*  
**University of Washington, Addictive Behaviors Research Center**  
 Provided short-term assessment and evaluation of individuals with substance use disorders.
- 1999 – 2000 *Psychology Intern*  
**VA Puget Sound Health Care System -Seattle Division**  
 Rotations: General Internal Medicine Clinic, Women’s PTSD Services, PTSD Inpatient Program
- 1997 – 1998 *Counselor*  
**Eating Disorder Health Education Program**  
 University of California, Santa Barbara Student Health Service  
 Provided short-term assessment and referral services, individual psychotherapy, and group therapy to students with eating disorders and other body image issues. Presented outreach and educational programs to the UCSB campus at-large.
- 1996 – 1999 *Clinic Supervisor, Clinic Counselor*  
**Ray E. Hosford Counseling Clinic**  
 University of California, Santa Barbara  
 Provided comprehensive psychological assessment and both short and long-term outpatient therapy services to individuals, couples, and families. Supervised and trained graduate students in counseling techniques, assessment, and diagnosis. Responsibilities included on-call crisis intervention and reporting, intake assessment, case assignment, and case supervision.

### **Professional Activities**

- 2007 – 2016 Member, Dissertation Committees, California School of Professional Psychology, Alliant International University
- 2007 Member, Search Committee for Psy.D. Program Faculty, California School of Professional Psychology, Alliant International University
- 2005 – 2007 Faculty Co-Sponsor, Eating Disorders Special Interest Group, Alliant International University – San Francisco Campus
- 2003 – 2007 Member, Faculty Committee on Student Admissions, California School of Professional Psychology, Alliant International University - San Francisco Campus
- 2006 Ad Hoc Reviewer, *Journal of Psychosomatic Research*

2006	Member, Search Committee for Assistant Vice President of Marketing and Graduate Admissions, Alliant International University
2005 – 2006	Member, Planning Committee for Provost’s I-MERIT Symposium Series, Alliant International University – San Francisco Bay Area Campus
2005	Symposium Chair, Asian American Psychological Association 20th Annual Convention – “Asian Americans: Advocacy, Culturally Competent Services, and Public Policy”
2005	Ad Hoc Reviewer, <i>Women’s Health Issues</i>
2004	Ad Hoc Reviewer, <i>Social Science and Medicine</i>
2004	Proposal Reviewer, Asian American Psychological Association
2003	Proposal Reviewer, American Psychological Association Division 45
2003	Ad Hoc Reviewer, Sage Publications
2000 - 2001	Ad Hoc Reviewer, <i>Clinical Psychology Review</i>
1999 - 2000	Member, Selection Committee, Psychology Internship Program, VA Puget Sound Health Care System - Seattle Division
1999 - 2000	Member, Didactics Committee, Psychology Internship Program, VA Puget Sound Health Care System - Seattle Division
1997 - 1999	Member, Student Affairs Committee, Counseling/Clinical/School Psychology Program, University of California, Santa Barbara
1996 - 1997	Member, Admissions Committee, Counseling/Clinical/School Psychology Program, University of California, Santa Barbara

### **Professional Affiliations**

2005 – 2007	Taiwan Psychology Network
2003 – 2007	American Psychological Association, Division 45
1996 – 2007	American Psychological Association
1996 – 2007	Asian American Psychological Association

### **VOLUNTEER ACTIVITIES**

2015 – 2016	Member, Planning Committee for Navigating Real Life Diversity Parent Education Series, Evanston/Skokie PTA Council
2014 – 2016	Chair, Board of Directors Diversity and Inclusion Committee, Baker Demonstration School
2013 – 2016	Member, Board of Directors, Baker Demonstration School
2011 – 2013	Chair, Baker Parent Organization Diversity Committee, Baker Demonstration School
2009 – present	Member, Baker Parent Organization Diversity Committee, Baker Demonstration School
2008 – 2010	Member/Personnel Chair, Board of Directors, Covenant Nursery School
2008 – 2010	Chair, Diversity Committee, Covenant Nursery School

### **WRITING EXPERIENCE**

#### **Publications**

“First.” *West Branch* 92, Winter 2020: Digital Issue, [westbranch.blogs.bucknell.edu/west-branch-92-winter-2020-digital-issue/12/2019/](http://westbranch.blogs.bucknell.edu/west-branch-92-winter-2020-digital-issue/12/2019/).

“Quieter Around Me.” *Bellevue Literary Review*, Spring 2014, pp. 48-59.

### **Honors**

Finalist, 2015 Fiction Contest for Emerging Writers, *Boulevard*

Finalist, 2015 Nelligan Prize, *Colorado Review*

Finalist, 2014 Jaimy Gordon Fiction Prize, *Third Coast*

Semi-Finalist, 2012-2013 Sherwood Anderson Fiction Prize, *Mid-American Review*

Finalist, Fall 2011 Orlando Prize for Flash Fiction, A Room of Her Own Foundation

### **Conferences, Residencies, and Grants**

2021 Illinois Arts Council Agency Individual Artist Grant

2021 MFA Program for Writers at Warren Wilson College, Alumni Residency Fellow

2021, 2019 Virginia Center for Creative Arts, Fellow

2018 Chi Omega Fraternity, Mary Love Collins Memorial Scholarship

2017 Elizabeth George Foundation, Grant Recipient

2016 Chi Omega Fraternity, Alumnae Educational Grant

2015 Bread Loaf Writers' Conference, Rona Jaffe Foundation Scholar in Fiction

2014 Napa Valley Writers' Conference